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## From the Principal's Desk

It is a proud moment for each one of us as we celebrate 75 glorious years of Independence. We step on to the 76th year with more energy and vigour. Even as we bask in the glory of a free, growing and flourishing India, we have our own share of responsibilities and duties to fulfil towards our Nation, our home. For with freedom will come responsibilities.

As human beings, we get one lifetime. At least that is what we have knowledge about. How we live this life and what Karmas we decide to do, forms our character and our personality. I especially address this to our young and growing children. It is important to work well, play well and think good. To do all this requires consistent and daily work. A P J Abdul Kalam so rightly said, 'Learning gives creativity, Creativity leads to thinking, Thinking provides knowledge and Knowledge makes you great'. Let us aim to be Great!

To have a dream that one wants to fulfil requires courage and determination. I firmly believe that each one of us has that. There are so many young boys and girls in our country doing so well in all streams and areas of work, be it the armed forces, medicine, commerce, banking, music and so on. Many come from humble backgrounds, holding firm beliefs and strong values. Our nation will always come first and before all. Each step ahead taken by us takes our country forward. With a lot of hope and pride, let us work together, towards a cleaner, smarter and stronger India.

**Smita Pendharkar, VP**

## Big News!

APAC Global Education Leadership Awards aims to recognize and salute the pioneering efforts of individuals, educational institutions, and Ed-tech firms. This year the event was conducted on the 14th and 15th of July 2022 and our schools outshone in two categories, one Leading Preschool in City/State/Zone and leading Leading Chain Chain of Senior Secondary Schools. We are extremely honoured and delighted to share this recognition with all our stakeholders and wish to thank everyone for their continuous support in making the institution better!

## Flavours from our orchard

### Seasons-Summer and Winter (1st to 5th August)

One of the most beautiful aspects of nature and time are the seasons. Every place on earth experiences the effects of seasons in different ways. Some places experience beautiful winters with snow, while others warm or hot summers. Learning about them and how they transition from one to another fascinates the young minds.

The Nursery children did a wonderful activity of crumpling paper to create a sun, while the Jr.KG children did a tearing and pasting activity. The Sr.KG children had fun drawing their favourite season.

**Alina Salim, CT Nursery Apple**



## Friendship Day (5th August)

Friends bring energy, joy and fun into our lives. Friendship day is celebrated to honour friends and friendship. Teachers of the nursery class made their students understand the importance of friendship. Teachers helped them tie colourful bands around each other's wrists and they thoroughly enjoyed the activity. We were overjoyed to see our little ones enjoying new beginnings and making new friends.

**Meenu Sharma, CT Sr.KG Mango**



## Virtual Field Trip (8th, 10th August)

The children of the PrePrimary wing, age-appropriate videos with their peers. Students of Jr.KG had a joyful virtual Jungle Safari, which made the students more curious about the wild creatures. Sr.KG students had a fun time enjoying a zoo virtually. Virtual Field Trip was really enriching, when after watching the video students started conversing about what they have watched, which animal they liked the most, the expected behaviour, how to let the animals be with their own peace without creating too much noise around them.

**Amrita Kar Dhar, CT Jr.KG Apple**



## Raksha Bandhan (10th August)

Raksha Bandhan is an Indian festival of love between brothers and sisters. Our little ones in the nursery and the junior kg enjoyed drawing creative rakhis in their scrap books. More importantly, the teachers spoke to the children about the importance of this sacred festival.

**Dorothy Anthony, CT Jr.KG Orange**



## India (8th - 12th August)

Students of the Pre-Primary celebrated the spirit of patriotism and expressed their love and gratitude for the nation through various activities. The nursery class expressed their feeling through artwork. They coloured the National flag. The students of Jr. KG creatively hand printed the tricoloured flag. They also learnt what the three colours of the flag represent.

**Arpita Dubey, CT Nursery Orange**



## Festivals (16th - 19th August)

Festivals fill our lives with colours and lights. Festivals unite people and help us forget our cultural and religious differences. They break the monotony of everyday life. The little ones shared their favourite festival and spoke fervently about what all they do. It was an interactive and fun filled session where the students and the teachers had a lot to talk about.

**Dorothy Anthony, CT Jr.KG Orange**



## Colours (22nd - 30th August)

Colours can express creative skills as well as emotions. It is one of the most fascinating ways of communication. What cannot be expressed by words, can be expressed through colours at times.

Our little, tiny tots of nursery and Jr.kg did a fun activity of sorting the blocks for primary colours and for secondary colours. They thoroughly enjoyed mixing primary colours to get vibrant secondary colours.

Our Sr.KG children became one with nature by doing the leaf and blob printing.

**Alina Salim, CT Nursery Apple**



 **I Know More, I Grow More**

## Interhouse Dance Competition (27th July) 6-8

It was an exciting day when the best dancers from classes 6-8 participated in the Inter House Dance Competition. The theme for this year was 'Tribute to Lata Mangeshkar' and the event started with speeches by students. It was a close competition and the Innovators bagged the first place.

**Aditi Sharma, 6 Sirius**

## Interhouse Dance Competition (29th July) 6-8

It was a day filled with foot tapping music and dance performances by the students of classes 6 to 8. The Inter-house competition saw a tough fight between the contestants of the three houses. The theme this year was 'A Tribute to Lata Mangeshkar'. The participants had practised extensively during zero periods to put up the best show. We were all so overjoyed when it was announced that the Innovators had bagged the first place! All our hard work paid off.

**Aditi Sharma, Student 6 Sirius; Diya Vethattu, Student 8 Sirius**



## Election of Office Bearers (1st August) 7- 12

Democracy is for the people, by the people and of the people. These were the famous words quoted by Abraham Lincoln in one of his many speeches. Along the same lines, the Orbis Elections took place today, where the students of classes 7 till 12 came together to vote for the School Captain and Vice-Captain. The preceding days were filled with campaigns and conversations by the candidates with the students. The IP Lab acted as the polling booth and the P. Ed teachers checked our ID Cards. We cast our votes in favour of our choice of candidates. The candidates await the election results with bated breath!

**Abhilash Kar, 11 Sirius (Humanities)**



## Inter-House Creative Design (1st August) 1-2

The theme of the Inter-House Creative Design was Incredible India. The students of classes 1-2 showcased their artistic skills depicting our vibrant and diverse India. The colours of the art sheets were soulful and displayed the love and pride the little ones hold in their hearts for their motherland.

**Nishad Bilwar, CT 1 Rigel**

## Inter-House Creative Writing (1st August)

The Orbis School held an Inter-House Creative Writing Competition for all students from classes 9 to 12. We wrote essays on interesting topics such as, 'If I was a superhero, I'd be..', 'Sometimes adults seem..', and Friends are like quilts. Students were left to explore their creativity, to traverse out of the box with such eloquent subjects. It was a time to relax, think, introspect and pour out thoughts in words. A refreshing change from regular schoolwork.

**Aanya Pandey, 9 Sirius**



## The Road to Independence ( 3rd August) 9-10

The Road to Independence Inter- house Quiz, brought a flutter of excitement to class. The questions were shared with students on the smart board. They were given options to choose from. Students were prompt and excited to share their answers. It was heartening to see how much the students know about their country.

## Hiranandani Foundation School, Model of United Nations (5th to 7th August) Specific Students Only

It's not about your victories, your impressions, or your stances. It's rather your experiences, ideas, reflections, and the memories you create. All you need is twenty seconds of insane courage. Just literally twenty seconds of embarrassing bravery. And I promise you, from the bottom of my heart, that something mammoth will come of it, said Mr. Modi, Director-General of the HFS MUN, at the opening ceremony. The Hiranandani Foundation School MUN hosted the event in the first week of August. I, along with my schoolmates and teacher, attended it with a lot of excitement and curiosity in our hearts. Although this was our first MUN, we were prepared and well researched. It was three days of non-stop action, making it memorable and enriching. I was handed the portfolio of Ukraine. I was also in the United Nations General Assembly, the main body of the UN! We spent a lot of time familiarising ourselves with the rules of procedures and putting together our research binder. On the first day, it felt overwhelming – the other delegates (some of them had gone to more than twenty MUNs), the venue, the executive board and so on. I gave the first speech during our committee Meet. The MUN has introduced us to an amazing world where there is a lot to learn and experience.

**Advait Rohit, Student 12 Sirius**

## Orbiloqui (8th August) 11 -12

The students of the senior secondary school, class 12, geared up for several rounds of debating and arguing. It was an endeavour to put forth one's point of view and then argue upon its pros and cons. The event saw a healthy fight amongst the four houses. The topics were interesting with a lot to think and read about; Do Fairy Tales Affect Children's Perception of Reality? Can Religion and Science Coexist? Should Organ Sale Be Legalised? Cryptocurrency, Good or Bad? The rebuttal round was exciting and full of energy. Class 11 stood up bravely for the Extempore. Each team was given just fifteen minutes of preparation time. We kept our friendships aside for some time and fought like true competitors in the right spirit. The hard work and efforts put in were clearly visible. We raise the bar higher every year and that makes us proud Orbians.

**Advay Tapaswi, Student 12 Antares.**



## Orbiloqui (10th August) 9-10

The Annual Literary Event for the year 2022-23, was special. It was the first offline performance after two years of online school. The students of class 9 recited poems by Harivanshrai Bachchan, while the tenth graders celebrated books written by Dr. Seuss through The Art of Storytelling. Students gave each a tough competition. The performance of each House was truly outstanding, making us feel proud of them.

**Jhanvi Pendyala, Student 9 Antares**



## Independence Day Celebration (15th August) Full school

As we step into the 76th year of Indian Independence, our hearts fill with pride and determination. The theme for the year is Azadi Ka Amrit Mahotsav. The entire week was spent celebrating this day through several activities. The little ones took pictures with the tricolour and pasted it in their scrapbook and also displayed their artwork based on Incredible India on the soft board. A special assembly was conducted by the students of grade 2 on Peace and Harmony. Like every year, this year too, the entire school met, to celebrate the day, with great joy. The National flag was hoisted followed by the National Anthem. The cultural act by the senior students was one of its kind and exceptionally engaging that depicted the meaning of freedom for previous and modern generations. For the pre-primary classes a pre-recorded program was streamed live on MS Teams. Patriotic song, information about freedom fighters by the little ones, a dance recital by the upper primary students, poetry recitation by Classes 1 and 2 and a karate display enthralled all.

**Ruma Ghoshal, CT 2 Rigel**



## Career Counselling (17th August) 9-12

An orientation programme conducted for students of classes 10 to 12 apprised them about opportunities and avenues beyond Indian universities. The Inspirus Group educated the young minds about various scholastic aptitude tests such as the IELTS, TOEFL and SAT, which can put them on the global platform. They were encouraged to participate in co-curricular activities, internship programmes and skill-based courses for attractive portfolios.

**Anvi Sisodia, Student 10 Sirius.**



## Orbiloqui (19th August) 3- 5

The Annual Literary Event, Orbiloqui, a platform to showcase oratory and dramatic skills was conducted for classes 3,4 and 5 in the last week of August. Orbiloqui means Orbis speaks. Various activities like Spell Bee, Talking Titans, Role Play, Recitation and Open Talk in Hindi and English languages were conducted based on the UN THEME 2022- 'International Year of Basic Sciences for Sustainable Development'. Children enthusiastically participated in the first round and the finalists were shortlisted for the final round of the Orbiloqui. The young Orbians exhibited great oratory, acting and literary skills on the final day and did not shy away from putting up their best foot forward. The best performances were given certificates to appreciate the good work. Kudos to all our creative and young stars!

**Batul Partapurwala, CT 4 Vega**

## University fair (20th August) 9-12

The World University Fair assists students to meet with representatives of internationally renowned universities. The Orbis Schools, Keshav Nagar and Mundhwa organised an Educational Fair on the 20 th of August,'22. In the introductory speech, The Indian Representative of Education, USA highlighted ways students can prepare and apply for in foreign colleges. Various eminent universities such as IIM, San Diego, MIT WPU, Science and Engineering, Trinity College, Dublin, Toronto Metropolitan College, Flame University and many more set up their stalls to help the growing Orbians get a better understanding of fee waivers and scholarships available, campus accommodation, course selection and admission assessments. It was interactive and an apt opportunity to explore the innumerable career options available in India and abroad.

**Abhilash Kar, Student 11 Sirius**



## पाठशाला की तरफसे सभी सहायक कर्मचारियों के लिए चिकित्सा जाँच

ऑर्बिस स्कूल के सभी सहायक कर्मचारियों की 'चिकित्सा जाँच' २१/०८/२२ पर करवाई गई। इसमेंकैंसरकेबारेमें, ब्लड प्रेशर तथा अन्य बीमारियों के बारे में महत्वपूर्ण जानकारी दी गई। महिलाओं की शारीरिक बीमारियों तथा उनके इलाज के बारे में भी बताया गया। इस चिकित्सा जाँच में ब्लड प्रेशर, शुगर लेवल, BMI और PAP smear की जाँच विश्वराज हॉस्पिटल के चिकित्सकों ने की और हमें स्वास्थ्य के प्रति जागरूक रहने की सलाह दी। मैंतेहदिल से पूरी सहायक कर्मचारियों की तरफ से दी ऑर्बिस स्कूल का तथा निदेशकजी का, प्रधानाचार्यजी का समन्वय अध्यापकों का शुक्रिया अदा करती हूँ कि उन्होंने हमारे लिए यह चिकित्सा जाँच का आयोजन नविनामूल्य किया। धन्यवाद।

कविता पाटिल, सहायक कर्मचारी अधिकारी



## Eco Friendly Ganesh Idol Making Workshop (22nd Aug - 26th Aug)

All classes A hands-on activity was conducted where the children were provided with natural clay to create their own idols of Ganesh. The workshop was conducted by Sakal Times - Young Buzz and the group of volunteers from Strokes Foundation. Thanks to a lot of awareness campaigns, many people have shifted to environment-friendly ways of celebrating Ganesh Chaturthi. Hence, the stress is on the importance of preserving the environment.

**Rashmi Bhujbal, Librarian**



## Investiture Ceremony (23rd August) 11-12

John Maxwell once said, A leader is one who knows the way, goes the way, and shows the way.

The investiture ceremony of The Orbis School, Keshav Nagar, was an occasion where the newly elected school council was entrusted with its new responsibilities.

The event began with certificates of appreciation being given to the previous year's student council, who had performed their duties diligently all through the unprecedented time of Covid-19.

The outgoing school vice-captain, Pakhi Gupta, gave a touching speech appreciating the council, and set the bar for the newly elected leaders. In an invigorating ceremony, the mantle of accountability was donned onto the new leaders and the newly elected school captain, Sahil Jadhav, led the pledge to induct the new council.

After a vote of thanks by the new school vice-captain, our director, Mr. Haseeb Faquih, gave the council an inspiring speech on becoming the next generation of leaders and role models. The director principal, Ms. Gunjan Srivastava and Vice Principal, Ms. Smita Pendharkar further enthused the council and sensitised them to the new responsibilities.

It was indeed a proud moment for all the parents as well as teachers to see the new council being ushered in. The event, from start to finish, was a success and it paved the way for the new council to step up and set the bar even higher

**Advait Rohit, Student 12 Sirius**



## World Science Day, Interhouse Quiz ( 24th August) All classes

World Science Day is celebrated to spread the message about the importance of science in our daily lives. To make the young Orbiens aware about the activities, achievements, and new technologies in the field of science an Interhouse Quiz was conducted . This gave an opportunity and encouraged the scientific minded Orbiens to come forward and share their knowledge. It was a fun-filled activity which was enjoyed by all.

**Swati Poddar, CT 1 Deneb**

## Orbiloqui ( 25 th August) 6- 8

Students of the middle school, from classes 6 to 8 , expanded their literary knowledge by reading and learning from the classics. After multiple rounds of auditions, the best in each competition were chosen to represent their own house with pride. Students showcased expression of literature through various forms, some being Voice to the Story, Voice to the Poem and Celebrate the Author. Soliloquy, a speech where a character is alone on stage and speaks his thoughts aloud, was part of this year's orbiloqui. In Celebrate the Author, the satirical humour of P.G Wodehouse was very well spoken about by the children. The Orbian players lit the stage with their outstanding performances.

**Rupa Kagitha, Student 8 Sirius**



## Founders Day ( 26th August)

We celebrate the thirteenth Founders day this year. It is with immense pride and happiness that the school rings in the many more years that are to come. No celebration is complete without sharing and caring. As is the tradition of the Orbis School, each member of the Orbis family contributes in any way he/she can, to bring smiles to the faces of those not as privileged. From collecting old newspapers, used plastic, toiletries, to visiting the home for the old, the school was enthused and excited, for it was a time to give and care. The students of class 10, through their SEWA work, where they earned by doing chores at home, were able to contribute a good amount for a social cause. Contributions were made to the Childline Foundation too. We march ahead and look forward to many more days of celebrations in the future.



## Sports Quiz (29th August) 9-12

All work and no play make Jill a dull girl. Apart from the academic activities and learnings, young Orbians have performed well on the field too. To bring in some fun and excitement, a quiz was held for classes 9 to 12, where they were faced with questions related to sports and sportspersons. It was encouraging to see how much the students know.



## Orbiloquei ( 29th August) 1-2

The Annual Literary Event, for classes 1 and 2 was a busy and well-planned event. Various activities like Spell at Ease, Wings to Roots, Identify the Image and Writing the Name of the Object in Hindi and Rapid-Fire Rounds were conducted. All the children of classes 1 and 2 participated in the first elimination round. The finalists were further trained by the teachers. The young Orbians exhibited great oratory and literary skills on the final day and made all very proud. Well Done young Orbians!

**Sheetal Deorukhkar, CT 2 Sirius**



## Club of the month

### Public Speaking

At Orbis, a lot of emphasis is laid on the communication skills of students. To enhance the same, student members of the Public Speaking Club work along with their teachers. The club meets once a week. The objective of this club is to strengthen the communicative efficiency in students. The Public Speaking activities focus on pronunciation, fluency, dialect, intonation and stress and rhythm. Students take keen interest in all the well planned and structured activities. It helps them to overcome stage fear and gain confidence to speak before an audience. Public Speaking Club is one of the most popular clubs and involves a lot of fun too.

**RenuLaharia, CT 4 Rigel**



## Scouts and Guides

Scouts and Guide is a voluntary, educational movement which helps in all round development of the children and youth. Students are engaged in various activities like trekking, march past, learning Scouts motto and songs to understand the various aspects of the Scouts and Guide. It focuses on skills development in children such as communication, personality, teamwork, loyalty, ethics, leadership skills and patriotism. It helps in character building, making children learn various dimensions of citizenship training and improves physical fitness.

**Sanjukta Santra, CT 4 Deneb**



## CCA Quiz Club ( August ) 1, 2

Quiz is about the test of knowledge. It is usually conducted as a competition between individuals or teams and is a form of entertainment. The CCA Quiz Club was organised keeping in mind the importance of being aware about what is happening around the world.

The CCA Club started for classes 1 and 2 on the 5th of August. The first class was based on sharing information regarding the Indian Tricolour, our Independence Day, India's national symbols and so on. This was followed by a short quiz competition. The competitive spirit among the children was clearly visible.

**Komal Pardeshi, CT 2 Antares**



## Our Green Ways



SEWA activities consist of raising community awareness regarding health, sanitation, volunteering in orphanages, planting trees and being sensitive towards all creatures big and small. The students of class 10, for the year 2022-'23, involved themselves in a number of activities. Each made a bird feeder at home with whatever material was available and grew a plant. I too made a bird feeder out of a plastic bottle and enjoyed the process thoroughly. Watching birds come and eat from it gives me a feeling of satisfaction. I also learned about the different types of birds. At the same time I planted a rose stem and am watching it grow into a beautiful plant bearing gorgeous roses. I love taking care and watching my plant grow new leaves, buds and bear beautiful flowers. It is important that we spend time with nature and work consistently towards maintaining a balance between humankind and the environment.

**VedantiSutar, Student 10 Deneb**



## I did it



### Earth Day Art Contest

During the month of July, I participated in the Earth Day Art Contest organised by MASM (Melmaruvathur Adhiparasakthi Spiritual Movement). The contest was an initiative by the organisation to empower the public to take more steps to save the earth. All the participants were required to draw or paint a poster on the topic 'Invest in our Planet'. Around 500 children from all over the world had participated and submitted their entries. And I was pleased to know that my art had been chosen for the Second Runners-Up. It was an honour for me, and I felt extremely proud of myself.

**Shreshtha Sharma, Student 8 Sirius**



### Inter School Declamation and Poster Making Contest

With immense pride we congratulate **Shreshtha Sharma** of class 8 Sirius and **Pinki Pal** of Class 8 Vega for having won the third prize at the Inter School Declamation and Poster Making Contest, held in the Delhi Public School.



We applaud them and wish them many more successes in the future

### Inter House results:

House Name	Essay Writing	Spell Bee	Spell Bee	Science Quiz	Science Quiz	Creative Design	Orbiloqui	Orbiloqui	Orbiloqui
	(6 - 8)	(3 - 5)	(6 - 8)	(3- 5)	(6 - 8)	(1-2)	(1-2)	(3-5)	(6 - 8)
Explorers	1	3	2	1	4	2	2	2	1
Guardians	3	4	1	3	1	2	4	4	3
Innovators	2	1	4	2	3	1	1	1	4
Vanguards	4	2	3	4	3	3	3	3	2



### Book Review- Scion of Ikshvaku

'You can certainly learn from the successes of great men, you can learn even more from their failures and mistakes.' A prominent story of ancient India, a man known for his righteousness and a life full of hardships. Ram - Scion of Ikshvaku by Amish Tripathi is a retelling of the Ramayana. It is ancient India in the 3400 BCE. The land of Ayodhya paid a hefty price after a terrible war. Raavan, the enemy of Aryavarta, is forcibly imposing his trade on the kingdoms. Treasures were being emptied and the people of the Sapt Sindhu were spiralling into poverty and corruption. They called out for help when Ram, their prince, answered. This is a spellbinding and gripping mythological fiction with very good language and diverse characters. Though it is a little slow-paced in the beginning, the patience is worth it. Dive into the fourth book of the Amish Verse and the first book of the Ramachandra series - Scion of Ikshvaku.

**JhanviPendayala, Student 9 Antaras.**



### Every Moment Counts

My childhood is filled with wonderful memories that I will always cherish. Whenever I think about my childhood, it makes me feel a bit emotional. Happiness, enthusiasm, love and care, and all the fun-filled days. I'm sure everyone has had these experiences. Childhood is the time when you are allowed to do everything as per your wish. While writing this piece of text as a tenth grader, I understand how important it is to enjoy every moment, however young or old one may be, because life is not going to give back these pleasant moments again. It's all only once! I understand better as I grow older. I can comprehend how life will constantly keep changing. The quote by Alan Johnson stands true to me in every situation that I come across- "The past is history; the future is a mystery. This moment is a gift, that is why it is called the present." What has driven me to write this article is that I see many people grudge about their past experiences or overthink about their future. They fail to understand what is going on in the present, which will ultimately make the past. To have pleasing past memories, your present has to be pleasant. So live life to the fullest and enjoy each and every moment. Every moment counts and will add on!

**Gayathridevi Jayachandran, Student 10 Sirius**



### Our Looks are the Least Interesting Things About Us!

Appearances can make impressions, but it is the personality that inaugurates us to reality. We remember Mother Teresa for her deeds and her actions. Her looks may or may not have created an impression on us, but it is her altruism that stood out. We remember Sachin Tendulkar for his twenty-four years long career and the role of his looks in his career was minimal. Let us take another example. Once an old woman was trying to cross the road, but she was unsuccessful. A little boy came forward and helped her. The question is- what did she notice? Did she notice the child's facial expressions or the child's attitude portrayed towards her? She remembered kindness and magnanimity. Our deeds and actions hold and occupy a strong place in people's minds. People may or may not remember us for our expressions, looks or the makeup we wore, but they remember us for our contribution in making society a better place.

**Saumya Kapil, Student 11 Deneb**



### Grey, Red and Blue

The water from heaven has been pouring down on me,  
As if trying to tell me, I'm not alone,

Just like the sun that will show its shine after the clouds,  
My heart too, will arise out of the chaos loud.

The thunder accompanies my roaring mind,  
With the wind flowing through my face.

Asking me to flow with it,  
Assuring me I will win this race.

They've become my friends now,  
since we share the same emotions.

The sky's grey while my heart's red,  
But blue's the emotion we've both bled.

**Kanakdeep Kaur Sohal, Student 11 Sirius**



### Video games

Oh, I don't understand,

Why do people play video games?

We can play board games, fun games,  
But why video games?

We have so many things to do in a day,  
Why let video games come in our way?

Why spend the whole day playing video games?

We know video games are not good for us,  
But knowing is not all!

We still play them, don't we?

Video games just trick our mind and make us dumb,

But why do people still make them

Why should we play video games?

When we can do such fun things?

Why play video games?

When we can do the things in the video games, in real life?

Well, it would be more fun and better than making our mind dumb!

Oh! I just wanted to tell you,  
Don't play video games.

They just trick your minds and make you dumb.

There are other fun things to do in a day.

We should play, yes, but also study, help in the household and maintain our body.

Obey our elders and then only your day will be productive.

So, please don't play video games and make your life better by making all your days productive!

**Shreya Varadharanjan, Student 5 Antares**



### Have fun learning French!

Phrases to use while ordering at a restaurant  
What would you like to have?

Vousavezchoisi ? (vooz-ah-way-choy-zee)

What is the dish of the day?

Quelest le plat du jour? (Kell- eh- le- puh-lat-dew- joor)

For me- Pour moi (pour-mu-ah)

Enjoy your meal

Bonne Appétit (bohn- ah-puh-tee)

This is delicious

C'estdélicieux (say- deh-lee-sew)

The menu, please?

La carte, s'ilvousplaît? (Luh-kart- seel-voopleh?)

What are today's specials?

Quelssont les plats du jour? (Kell-sohn-lay plah du-jour?)

Do you have a menu in English?

Avez-vous un ménueanglais? (Ah-vayvooonh meh-nooahnahn-glai?)

Is it possible to order take out?

Est-ce possible de prendre des plats à emporter? (Esspoh-see-bluh duh prawn-druh day plaugh ah ahm-pohr-teh?)

Can we have salt and pepper please?

Du sel et du poivre,

s'ilvousplaît.

(Doo-seh-eh

doo-pwahr-ruh-seel-voopleh?)

**Annwesha Mukherjee, Student 11 Sirius;**

**Gayathridevi Jayachandran, Student 10 Sirius**



### Advice for the French exam

How can one write the French exam? It's not very hard. Believe me!

- Read the comprehension questions before reading the text.
- If there are options, and you don't want to write one, write 'NA' (not applicable) so as not to confuse the teacher.
- Attend the sections in the order you want. Don't attempt the questions you don't know first.
- Track word limit for letters, messages etc.
- Be confident! With patience, you can write down all the questions.

I hope these tips will help you complete your exam. Good luck!

### Conseils pour réussir à l'examen français

"Comment peut-on écrire l'examen français"? Ce n'est pas très difficile. Crois-moi!

- Lire les questions de compréhension avant de lire le texte.
- Si'il y a des options, et vous ne voulez pas écrire une, écrire 'NA' (not applicable) pour ne pas confondre le professeur.
- Assister aux sections dans l'ordre que vous voulez. N'attendez pas les questions que vous ne connaissez pas en premier.
- Suivre la limite de mots pour les lettres, messages etc.
- Soyez confiant! Avec patience, tu pourras écrire toutes les questions.

J'espère que ces conseils vous aideront pour votre examen. Bonne chance!  
**Priyenka Anand, Student 10 Sirius**



## Personality of the month

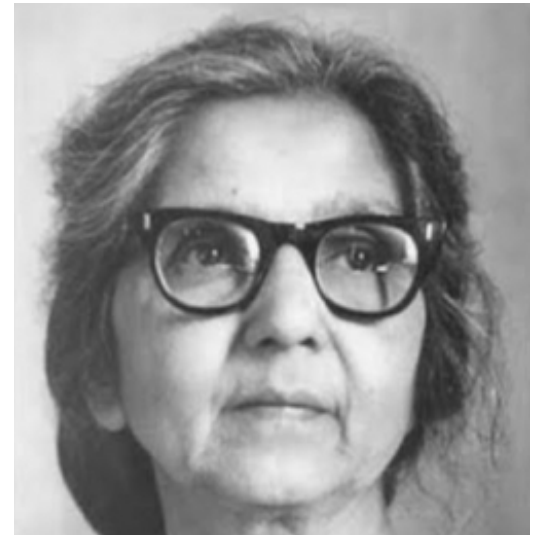
Aruna Asaf Ali (Maiden name - Aruna Ganguly), born in 1909 on the 16th July in present day Haryana into a Bengali family. These were times when education of women was largely withheld and proper employment more so, Ganguly was a graduate and worked as well, with her first job being that of a teacher at a school in Calcutta. By nature, she was very rebellious, marrying Asaf Ali, who was not only much older than her but also Muslim, both of which were attributes detested by her parents.

Soon into her matrimony, she became very active in the INC, a member of which was her husband, Asaf Ali. She was a fiery leader who plunged headlong into politics at a time when the freedom struggle was raging, and she was known as the 'Grand Old Lady' of the Independence Movement. At the time when all INC leaders were jailed, she was the one to hoist the Indian tricolour at the Azad Maidan, Bombay in 1942 and thus commenced the Quit India Movement. However, little after this, the Colonial Government. took draconian actions, such as seizing and auctioning all of her property, which compelled her to go underground. During that time, she edited Inquilab alongside Ram Manohar Lohia. Her rebellious nature showed itself when she defied Gandhi's request to peacefully surrender and live a normal life and continued to remain underground. Post-Independence, in 1958 she was elected as Delhi's first female mayor. Soon after, she became a member of the CPI, later rejoining the Congress, where she remained an aide of Indira Gandhi despite being critical of Emergency. At the grand old age of 87, she passed away in 1996, and the 'Grand Old Lady' left the mortal plane, for heavenly pastures.



**Abhilash Kar, Student 11 Sirius**

### Aruna Asaf Ali



## Virtue Alone Ennobles

### Patriotism: A 21st Century Revival

A patriot is more than merely a supporter of his or her country - a true patriot defies human nature of greed, selfishness and self - prioritisation. Instead, it encourages one to lean towards selflessness and the upholding of the land they inhabit, the soil they come from, and the soil their mortal bodies return to. The essence of patriotism stems from nationalism and awareness of one's country's rich history, culture and economy. It is very important to imbibe the value of patriotism in the people of this generation, in this day and age. We must never forget where we have come from. Our roots will make us stronger and sturdier. It may seem difficult as the world globalises and borders blur with time. It is constant work and only when we understand that freedom comes with responsibilities that we will value what we have and work towards making our land beautiful and sacred.

**Neha Varadharajan, Student 11 Rigel**



### Patriotism

Patriotism is the act of being courageous and being ready to sacrifice for one's own country, as well as a bond with other citizens who share the same feeling. Not just in words but also in actions. Patriotism is not only responsible for bringing us together as Indians but also inspires us to work selflessly for the nation. Showcasing our love for the country only on national festivals is not true patriotism. For a true patriot, every day is a national day. A person who follows the rules of the country is also a loyalist. These rules and laws are made for the welfare of the country and by adhering to it, we secure the wellbeing of our country. Swami Vivekananda believed that patriotism consists in feeling from the heart. He said "Do you feel that millions are starving today, and millions have been starving for ages? Do you feel that ignorance has come over the land as a dark cloud? Does it make you sleepless?" Nationalism cannot be taught; it is the purest feelings that a human develops on his own. The youth of the country must love and respect the country and work towards building it strong.

**Trishna Kumar, Student 8 Rigel**



## Teachers' Corner

### Chrysalis Workshop (6th August)

The Chrysalis workshop was conducted by Mr. Bala where a detailed discussion on reading and writing problems faced by children were discussed. Some of the important learnings were how teachers can motivate children by not correcting them instantly but allowing them to continue and make mistakes. This helps with self-assessment after revisiting what they have done, later. Also, pertinent points such as equal opportunities to all, encouraging all spoken languages and not just English, were discussed. Importance of recapitulation was laid stress upon. Being an interactive session made it interesting and active.

*Shikha Dixit, CT 2 Vega*

## Parents' Prerogative



### Parent Teachers Meeting ( 6th August )

Parents and teachers of classes 6 to 9 met to discuss and share the progress report of students. It was the first offline meeting for classes 8 and 9 after two years. Parents were happy and satisfied with the structured teaching - learning process and the regular assessments conducted in school.

### General Body Meeting (6th August)

The General Body Meeting of the Parent Teacher Association was held on Saturday, the 6th of August 2022. The agenda of the meeting was to welcome the members, apprise them of the formation of E PTA and most importantly address the concerns of the members so as to improve the functioning of the organisation.



*Vedeeka Sandugade Cass 7 Deneb*



Tanisha Patil, 12 Deneb



- What was Aruna's mother tongue?
- Where did Aruna Asaf Ali receive her education?
- Why was she called the 'Grand Old Lady'?
- Do you think she played a pivotal role in the freedom movement?

### Thought for the month

You cannot solve a problem from the same consciousness that created it. You must learn to see the world anew -  
**Albert Einstein**

