



Celebrate Learning CBSE

Keshav Nagar, Pune



Vol. 12.5 October 2023

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From the Principal's Desk

Celebrating the Tapestry of Festivals -The Beauty and Significance of Festivals in India India, renowned for its diverse cultural heritage, is a country pulsating with a vibrant array of festivals that interlace traditions, customs, and jubilations. These festivities carry profound meanings, reflecting the distinctive cultural tapestry of the nation. Let's delve into the splendour and importance of festivals in India and how they unify people in joy and concord. India's festivals magnify its cultural diversity, with each region and community observing its distinct revelry. From Diwali, the Festival of Lights, to Holi, the Festival of Colours, and from Eid-ul-Fitr, marking Ramadan's end, to Christmas, celebrating Jesus Christ's birth—these festivals mirror the mosaic of religious and cultural traditions coexisting in harmonious synchronisation.

Festivals in India act as custodians of time-honoured traditions and values. They provide families an occasion to unite, perpetuating customs, rituals, and tales across generations. These celebrations fortify familial and communal ties, nurturing a sense of belonging and unity. Many Indian festivals carry deep spiritual and religious undertones, offering a conduit for devotees to manifest their faith, seek blessings, and connect with the divine. For instance, during Navratri, devotees venerate Goddess Durga, while Eid brings Muslims together for prayers, fostering a sense of brotherhood. Indian festivals traverse religious and cultural boundaries, fostering social harmony and inclusiveness. They invite individuals from diverse backgrounds to converge, share happiness, and dismantle barriers. Celebrations like Baisakhi, Pongal, and Christmas resonate with people of various faiths, propounding unity and mutual regard. Moreover, festivals in India wield substantial economic influence, propelling tourism, attracting global visitors, and bolstering the local economy. Events such as Kumbh Mela and Pushkar Fair are renowned for their grandeur, beckoning attendees

The allure and significance of Indian festivals extend beyond vivid rituals and festivities; they lie in their ability to unite people, honour diversity, and foster unity. These festivities serve as poignant reminders of India's profound cultural heritage and the principles underpinning its society. Let us treasure and revel in these celebrations, embracing the essence of joy, harmony, and togetherness that they encapsulate. Embrace the enchantment of Indian festivals, where diverse traditions coalesce in unity. Celebrate secularism as we embrace the significance of each festival, nurturing harmony and reverence for all. Let the palette of diversity paint our lives with elation and solidarity.

Farida Harianawala, Principal Orbis 1



Orbis Cup-Annual Inter School Football Tournament (6th-7th October)

The Orbis Cup, 2023-24 was organised by the Orbis School, Keshav Nagar and held at the Orbis School, Mundhwa ground on 6th and 7th October 2023. The best football players from various schools across the city participated with great enthusiasm and energy. The students competed in three age categories- under 12, under 14 and under 17. The participating schools included the Oxford World School, RIMS International school, Ryan International School, J.S.P.M. School, The Orbis School- Keshav Nagar and Mundhwa among many others. The players were faced with tough competition, but they fought with zeal and a spirit of sportsmanship. The chief guest of the event was Mr. Preetam Idnani, Football Coach. The winners of the day were as follows:

Category	Winner	
Under 12 - Boys	Ryan International School	
Under 14 - Boys	The Orbis School, Mundhwa	
Under 14 - Girls	Ryan International School	
Under 17 - Boys	The Orbis School, Keshav Nagar	











Flavours from our Orchard

Domestic and Pet Animals (2nd October-6th October)

Animals fascinate children. They are quick to pick the difference between kinds of animals. The Nursery and Jr.KG students had an enjoyable Show-and-Tell session about their favourite pets. The Senior KG students created animals through origami which they later stuck in their scrapbooks. The children also learnt how domestic animals are helpful to us and that we must be kind towards them. These are the first steps of learning, based on the values of empathy, equality and compassion, for the youngest children of our school.

Meenu Sharma CT Sr.KG Orange



Orbitheatrum(21st October)

Orbitheatrum - the 14th Annual Cultural Event of the Orbis School was celebrated with a lot of joy, music, dance and drama. The Kindergarteners traversed through the theme of 'पंचमहाभत - The Source of Life!' explaining the importance of saving Mother Nature and nurturing the gifts it gives us. The young orators took everyone by storm and spoke with great flair. Each and every child was on stage and performed cheerfully. impressing the audience with their performances. Ms Geetanjali Shetty Kaul graced the occasion as the Chief Guests and applauded the little ones for being so entertaining and confident. The event was a true celebration of learning.

Arpita Dubey, CT Nursery Apple

Field trip (25th October)

Hands-on experiences teach more than what one learns through listening or watching. Field trips are a great way of learning while having fun. The students of the Pre-Primary enjoyed the trip to Jagtap Nursery where they got to see different kinds of plants and experienced the beauty of well-manicured and potted trees. The children even got a chance to do a little gardening at the Nursery. It was a day filled with fun. And excitement.

Alina Salim, CT Jr.KG Apple







| Know More | Grow More | Captamber-9t

OrbiSports - Heats (29th September-9th October)

Sport develops character. Keeping in mind the physical and mental fitness of the students, OrbiSports is held with great fervour, each year. The heats were organised between the 29th of September and 9th of October. Students, across classes, participated in selections for the 100 metres, 200 metre and 400 metre races. In addition, hurdle race, shotput and relay race were also conducted. This event provides an opportunity to every single student to showcase his and her fitness, agility and swiftness, on the field.

Lakshita Pattnaik, Student 9 Rigel









'Swachata Hi Seva Campaign-2023 (2nd October)

On the account of Gandhi Jayanti, the Ministry of Education and thousands of schools across Pune observed the 'Swachhata Hi Seva' campaign to spread the message of cleanliness, sanitation, and hygiene in the society. The students of the Orbis School, Keshav Nagar, actively participated in this campaign by cleaning their residential areas and surroundings. This campaign was a way to inculcate the value of clean living. These young citizens of India shared messages to spread awareness pertinent to waste sorting, recycling, and planning out alternatives for single usage plastic. It was a meaningful way of celebrating Bapuji's birthday!

Kavita Hole, CT 2 Deneb





Science Quiz (3rd October)

The Science Quiz was a thrilling showcase of students' capabilities, designed to keep their adrenaline high and encourage advanced research thinking. Conducted with meticulous planning and enthusiasm, it pushed participants beyond the confines of the classroom. Through challenging questions and scenarios, students were prompted to apply their knowledge creatively, fostering a deep understanding of scientific concepts and their practical applications for the future. This event not only tested their academic prowess but also ignited their passion for scientific exploration, promising a brighter horizon of innovation and discovery.

Supritha M, Secondary Coordinator



Workshop on Emotional Wellbeing (5th October)

On the 5th of October, Classes 6 to 8 attended a workshop organised by the NGO called Connecting Trust. The workshop was about recognising and understanding our emotions and their consequences in life. An activity was conducted for the students which was interactive and energising. Mr Mario and Ms Ridhima conducted the session very well. We all shared our thoughts freely with them and learned a lot about our emotional well-being.

Mayank Mittal and Shubh Bhat, Students 8 Vega





Science Olympiad Foundation - IEO and IGKO (10th-12th October)

The SOF is an educational, non-profitable organisation and it conducts Olympiad Examinations, annually, for various subjects like Science, Mathematics, General Knowledge, Computer Knowledge and English Language Skills for school students. The Orbis Schools also encourages children to participate in the SOF exams in order to increase their subject knowledge, gain confidence and compete beyond the school. Children get the choice of selecting subjects as per their interest. The IEO, NSO, IGKO and IEO exams were conducted successfully in school and many students from all the wings took the tests, which was very encouraging.

Arzeen Haider, CT 1 Vega

IMAGINARIUM Literary Competition, DPS (12th October)

On October 12th, 2023, selected Orbis School students from Classes 6 to 11 took part in the literary competition held at DPS, Pune. Climate change served as the central theme of each activity. Students had the opportunity to compete against 12 other schools and display their skills in a variety of categories, including debate, story writing, poetry, and jingles. It was a fantastic learning opportunity for all of us.

Gayathri Jayachandran, Student 11 Sirius

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Inter-House One Act Play (14th October)

Students of Classes 6-8 participated in the Hindi One -Act Play which was conducted in the classes. Students of Class 6 performed the play "ऐसे-ऐसे", Class 7 "पापा खो गए" while Class 8 enacted the play "क्यों निराश हुआ जाए". The students prepared well, and everyone had a lot of fun, watching and performing. Creative props made them even more interesting and gripping. The House Team-Captains assigned dialogues to the members of their group and each one worked responsibly making it enjoyable and fun for all.

Oishi, Student 6 Sirius



No Bag Day (14th October)

To commemorate the birthday of Dr A P J Abdul Kalam, the Indian Aerospace Scientist and Statesman, who served as the 11th President of India from 2002 to 2007, No bag Day is observed every year on 15th October. We, at the Orbis school, also celebrated the day where the entire school took a break from the mundane routine work and indulged in various fun activities. The primary classes enjoyed the day through games planned, interacting with each other and sharing different and delicious food items. Students of Class 6 conducted games for the entire wing. Fireless cooking was done in some divisions of Classes 6 and 7. The senior and the senior secondary classes went for the OrbiFair at Orbis 2. The students revelled in the fun and celebration. It was an unforgettable day for each one of us.

Hrugved.S.Shrivale, Student 6 Vega

Orbitheatrum (16th - 17th October)

The Orbis School celebrated the most awaited event of the year, the Orbitheatrum on 16th and 17th October 2023 for the Classes 1 and 2 respectively. Parents and teachers present, enjoyed the theatrical extravaganza. Class 1 proudly performed around the theme, Majha Maharashtra, and Class 2 celebrated India - A country of Wonders. Events like these offer opportunities galore to every child to showcase his and her talents. The program's grand success was evident from the cheerful and happy demeanour of the students. It is rightly said that growth cannot be confined within academics alone. The best expressions can be seen through art, dance, drama and sports.

Ruma Ghoshal, CT 1 Antares



Preliminary Assessments (16th October)

The Preliminary Examination serves as an essential tool in assessing students' knowledge and understanding of the subjects they have studied throughout the academic year. It allows students to test their ability, identify areas of weakness, and develop effective study strategies. The class 12 students' exam began on October 16th, 2023, and ended on October 30th, 2023. These tests help in boosting confidence while also assisting them in understanding their improvement.

Bhawna Pal CT 10 Antares

Orbitheatrum (18th-20th October)

Orbitheatrum, 2023-24! The Annual School Day is the most anticipated event of the year to break the monotony of regular days at school. And what a show! It was indeed a stunning display of talent and creativity. The little performers, all between the age groups of 8 to 10, swept everyone off their feet. The presentation was an amalgamation of beautifully designed costumes, exquisite performances, lilting music and well delivered speeches. Each year the bar is raised and each year these young children have proved themselves. The chief guest, Dr. Shoma Sarkar was full of praises for this showcase event which kept her mesmerised for a complete hour.

Nalini Saklani, CT 3 Vega







लघु नाटक -कक्षा १० (20th October)

लघु नाटक पढ़ने और लिखने से विद्यार्थियों के ज्ञान वर्धन और लेखन कौशल के साथ-साथ चरित्र, कथानक, संघर्ष और विषय जैसे साहित्यिक तत्वों के बारे में उनकी समझ बढ़ती है।इसी को ध्यान में रखते हए कक्षा १० के छात्रों ने "कारत्स"नामक लघु नाटिका का एकांकी मंचन किया। इसमें एक ऐसे जाँबाज वज़ीर अली के कारनामों का वर्णन है, जिसका एकमात्र लक्ष्य अंग्रेज़ो को इँस देश से बाहर निकालना था। अंग्रेज़ भारत में व्यापार करने आए थे परंतु धीरे-धीरे उन्होंने पूरे देश पर अधिकार करने का मंसूबा बना लिया । भारत की रियासतों के कुछ लोगों की वजह से अंग्रेज़ों का यह सपना धीरे-धीरे साकार हो रहा था। वज़ीर अली एक ऐसे जाँबाज इनसान जिन्होंने अंग्रेज़ो को अपने दम पर भारत से बाहर निकालने का सपना देखा। वह इतने निडर और दिलेर थे कि अंग्रेज भी उनकी प्रशंसा करते थे। हफ़्तों तक जंगलों में वज़ीर अली को पकड़ने के लिए खेमा डालने पर भी अंग्रेज़ों कर्नल को सफ़लता नहीं मिली। वजीर अली बहादुर होने के साथ- साथ बहुत ही तेज़ बुद्धी वाले व्यक्ति थे। वे जानते थे कि अंग्रेज उन्हें पकड़ने का भरसक प्रयास कर रहे है, तब भी वे गोरों के खेमे में घुसकर अंग्रेज़ो के सामने जाकर बहुत ही वीरता दर्शाते हुए दस कारतूस ले आए।

श्रेया पांडे,विद्यार्थी १० डेनेब



Impressions and Expressions

It's Never Too Late It's never too late. The smile on your face, the wit you grow, One day, all your efforts will show.

Standing up and standing out.

That's what life's all about. Passion grows with simple seeds, Do what you love, God will return all your deeds, Because he's watching from above. You never know what lies ahead. It's never too late,

to get up from bed And conquer your fate.

Margi Korat, Student 9 Vega



Earth I'm the Earth, I'm really worth. I've trees and air to breathe. I support life. And I have seasons five. Summer, Winter, Monsoon, Autumn and Spring. And creatures on me Called birds that have wings. I have humans living on me, They are a group of people. Called We! Inara Patel, Student 4 Vega



मामाच गाव

माझ्या मामाच गाव म्हणजे माझं सर्वात ठिकाण. अहमदनगर जिल्ह्यातील सुंदर हिरवळीत वसलेले छोटेसे गाव ' देवळाली '. माझ्या मामाचे तिथे छोटंसं टुमदार घर आहे. या घरात आजी, आजोबा, मामा, मामी आणि



त्यांचे छोटे गोंडस बाळ अशी पाच लोक राहतात. मामाकडे खूप गाई आहेत. मामाकडे मी सुट्टीत जाते. तिथे गेले कि मी मामा बरोबर शेतात जाते. पिकांनी डोलणारी शेते पाहायला मला खूप आवडतात . आजी आणि आजोबा माझे खूप लाड करतात. मामी आणि आजी दोघी मिळून छान छान खाऊ बनवतात. मला माझ्या आवडीच गोडधोड खायला घालतात. मला मामाच्या बाळासोबत खेळायला मजा येते. मला मामाच्या गावी जायला खूप आवडते.

वेदिका लवांडे ,विद्यार्थी ३ डेनेब



Club of the month

Interact Club

The Interact Club of the Orbis School is supported by the Rotary. The Club enhances leadership skills and works towards inculcating values of integrity and honesty. Its main objective is to work towards the betterment of society through social service and charity. With their involvement in the Interact Club, young individuals develop a strong sense of civic responsibility and learn the importance of active engagement in the community, becoming aware of the challenges faced by the underprivileged and taking action to address them. Additionally, the Interact Club instils the core values of the Rotary which include integrity, service above self and ethical behaviour thereby creating a generation of socially conscious and morally responsible leaders.

Lakshyaraj, Student 7 Rigel

Needlework Club

"All work and no play, make Jack a dull boy and Jill a dull girl". Children simply love the concept of being a part of various Clubs and learning something new. The Needlework Club is a vibrant place for craft enthusiasts to explore their creative side for needle-based arts. In this Club, children learn exciting skills like sewing, knitting, and crocheting in a fun and supportive environment. They make colourful crafts and wonderful projects while making new friends. Beyond creativity, the Club teaches patience, concentration, and problem-solving skills. The Needlework Club is a delightful way for young learners to discover the joy of crafting, friendship and offering a heaven for passionate artisans to weave threads of talent, compassion, and connection into the fabric of their lives.

Anuja Jain, CT 4 Antares

Did you know?

Blue zone areas around the world with the oldest people. It is a nonscientific word to describe areas where longevity prevails because of lifestyles and eating habits of the people living there.

- Icaria (Greece) is an island in Greece where people eat at home grown vegetables, olive oil and drink red wine.
- Sardinia (Italy) People here work on their farms. It is a mountainous region. Walking up and down the slopes is good exercise for them.
- Okinawa (Japan) Tai-chi, a meditative form of yoga, is practised here and the locals eat a lot of soy-based foods.
- Nicoya Peninsula (Costa Rica) The Nicoyan diet is based around corn and tortillas. The people of this region work into old age and believe in having a purpose in life.

People who live in blue zones eat plant-based foods, have a good community life, have hobbies, cook their own food, are physically active and laugh a lot







👺 Special Assemblies

Special Assembly - Felicitating NCC Cadets (5th October)

Morning Assembly is a significant part of school life as it fosters a strong sense of camaraderie and builds a collective spirit of being active participants. In line with this, a Special Assembly in Hindi was held on October 5th, by the students of Class 10 Vega. The assembly commenced with a beautiful and melodious prayer sung by the students. The conducting group then brought everyone's attention to the significance of humanity and underscored how having a sense of compassion and empathy towards others is a crucial aspect in leading a successful life and achieving personal growth. This was expressed through the poem Manushyata by Maithili Sharan Gupt. The assembly concluded with the presentation of certificates for true sportsmanship and willpower to twenty-one NCC troop cadets. These cadets were recognized by the Ministry of Defense for their active participation in the intensive workshop conducted at the NCC Headquarters.

Norah Panmey, Student 10 Vega



💗 Onr Green Ways

The Nature Club believes that nature teaches life's lessons in its own subtle ways and enables our youth to share their responsibilities in maintaining a healthy environment and to take steps to avoid environmental degradation in their individual capacity as well as in a group. The Orbis School works towards making the school campus an eco-friendly place. There are bins to segregate garbage, 'Biodegradable' and 'Recyclable Material Bin'. The biodegradable material is safely disposed of while the recyclable material is again handed over to concerned agencies for further processing. Students carried out a 'Say No to Plastic' drive, at school, wherein they educated others on the importance of reducing the use of plastic.

Namisha Nigam, Science Teacher





& I did it

OrbisCup, 2023

The Orbis School, Keshav Nagar Football Team yet again brings the trophy home. The Inter-School Orbis Cup Tournament was held at the Orbis Mundwa grounds, and the trophy was won by our team. We feel immensely proud of them and congratulate them on this great achievement.

Riva Virkud of Class 6 Sirius makes the Orbis School, Keshav Nagar feels immensely proud of her. Riya represents Pune at District level competitions in Karate and Thai Boxing and has now been selected for the State Level Tournament to represent Maharashtra.

In the month of August, Riya played District and State level Karate (Vovinum) and Thai Boxing. We proudly announce her achievements.

- 1. Silver Medal in Karate (Vovinam) at District Level
- 2. Gold Medal in Thai Boxing at District Level
- 3. Gold Medal in Karate (Vovinam) at State Level
- 4. Silver Medal in Karate at Open National level under 14 inter school.





Aditya Anuj Johari, Class 10 Deneb, was declared the Best Player of the event.



Ishaan Sethia, Class 11 Deneb was awarded with the Best Scorer Trophy.

Yuvika Tyagi of Class 8 Rigel has been selected for the Maharashtra Division level in the District Team for Basketball. We applaud her achievements and wish her continued success in her journey of playing the



Vanshi Kadvani, Class 11 Sirius, stood second in the CBSE Archery Competition, held on the 24th of October. Vanshi was selected for the CBSE National Championship. Many congratulations and may you win many more prizes in the future.



Inter House Results:

Event/Participating	Science Quiz				
Classes	Class 1-2	Class 3-5	Class 6-8	Class 9-10	Class 11-12
EXPLORERS	5	3	6	6	2
GUARDIANS	2	8	6	3	6
INNOVATORS	8	3	4	8	4
VANGUARDS	5	6	8	3	8







Have fun learning French!

UNE NOTE SUR LA FRANCE

La France est le plus grand pays d'Europe de l'Ouest. La France est l'épicentre agricole de l'Europe.La France est entourée de six pays : la Belgique, le Luxembourg, l'Allemagne, la Suisse, l'Italie et l'Espagne. La France est l'une des nations les plus anciennes de la planète et le pays le plus ethniquement diversifié d'Europe. Ces influences profondes et larges ont fait de la France un leader mondial à travers l'histoire dans presque tous les aspects de la culture, notamment la cuisine, la vinification, la politique, la philosophie, la musique, l'art, le cinéma, la mode, la littérature et le sport.

France is the largest country in Western Europe. France is the agricultural epicentre of Europe. France is surrounded by six countries: Belgium, Luxembourg, Germany, Switzerland, Italy and

Spain. France is one of the oldest nations on earth and the most ethnically diverse country in Europe. These deep and broad influences have made France a world leader throughout history in

almost every aspect of culture, including cuisine, winemaking, politics, philosophy, music, art, cinema, fashion, literature and sport.

Santosh MD, Student 9 Sirius



Personality of the month

Falguni Nayar is the visionary founder of Nykaa, a trailblazing beauty and cosmetics e-commerce platform that has taken the Indian beauty industry by storm. Born on 19th February 1963, she was raised in Mumbai. Falguni's journey from a successful investment banker to a beauty mogul is nothing short of inspiring. In 2012, Falguni Nayar founded Nykaa with a clear vision to provide Indian consumers with a one-stop shop for all their beauty needs. Under her leadership, Nykaa has evolved into a beauty empire offering a wide range of products, from makeup and skincare to fragrances and wellness items. With her keen business acumen and commitment to quality, Nykaa has become a trusted name in the beauty world. Falguni's success story is a testament to her resilience and determination. She shattered the glass ceiling in a male-dominated industry, proving that one can achieve anything with passion and hard work. Today, Nykaa is not just an ecommerce platform; it's a beauty destination that empowers women and celebrates their individuality. In recognition of her outstanding contributions to the beauty industry, Falguni Nayar continues to be an inspiration for aspiring entrepreneurs, particularly women, across India. Her journey from banking to beauty is a testament to the power of following one's passion and creating opportunities where none existed. Falguni Nayar's legacy is a shining example of how a bold vision, unwavering dedication, and entrepreneurial spirit can change an entire industry.

Supriya Lamture, Student 10 Deneb

Falguni Nayar - Founder Nykaa





Virtue Alone Ennobles

The Growing Age of Digitalization

'Digitalization' is a term that we often hear about the advancing developments of urban cities. Scarcely put, the adaptation of computer usage to operate or modernise various tasks or processes is called digitalization. Digitalization has revolutionised the way we access services, making them more convenient and efficient than ever before. With just a few clicks, we can now order food, book flights or even consult with doctors remotely. This enhanced access to services have truly changed the game for consumers. With growing digital platforms, e-commerce has been favoured with improved connections between consumers and producers across the country. As technology advances, new roles and industries emerge, creating opportunities for individuals to develop new skills and pursue meaningful careers. While digitalization has brought numerous advantages and



advancements, it is crucial to acknowledge the potential demerits that come along with it. These challenges include adapting to the changing technology, dealing with cyber threats, and managing data. As technology continues to evolve rapidly, there is a growing gap between those who are digitally literate and those who are not. Digitalization can lead to job losses among the illiterate, as companies invest in automation and other technologies rather than human labour. Additionally, privacy has become a major issue in the era of digitalization. As more and more personal data is collected and stored online, privacy breaches and unauthorised access to sensitive information become more common. It is essential that we approach these disadvantages of digital transformation with positive insights and harness the benefits to create a balanced future where everyone can participate in the digital age.

Rupa Kagitha, Student 9 Vega



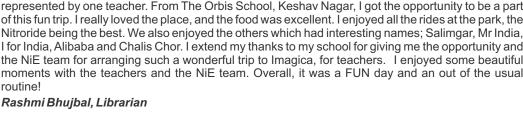




Teachers' Corner

NIE Teachers Meet Program at Imagica Theme Park (13 October)

Times NiE Organised a memorable Teachers Meet Programme at the Imagica Theme Park. More than 75 Teachers from various schools of Pune participated in this Meet. Each school was represented by one teacher. From The Orbis School, Keshav Nagar, I got the opportunity to be a part of this fun trip. I really loved the place, and the food was excellent. I enjoyed all the rides at the park, the Nitroride being the best. We also enjoyed the others which had interesting names; Salimgar, Mr India, I for India, Alibaba and Chalis Chor. I extend my thanks to my school for giving me the opportunity and the NiE team for arranging such a wonderful trip to Imagica, for teachers. I enjoyed some beautiful moments with the teachers and the NiE team. Overall, it was a FUN day and an out of the usual routine!







Parents' Prerogative

Parents and Teachers Meeting (7th October)

Parents and Teachers Meeting is an effective platform to share insights on the child's overall development. The PTM for the Lower Primary Wing and for Classes 6- 12 was successfully held on 7th October, where class teachers and subject teachers got the opportunity to encourage students to work towards better academic performance and widen their co-curricular skills. The parents' appreciation and feedback on the activities conducted and team efforts was gratifying. Some classes, such as 9 and 11 held the meeting through MS Teams while the parents and teachers of Classes 10 and 12 met in school.

Shikha Dixit, CT 2 Rigel

Appreciation

Our association with the Orbis School has been for more than a decade, and we have only great things to say about the school. My daughter has been attending the Orbis school since nursery and is now in 9th grade. The Individual attention, small class sizes, and a wellrounded curriculum have enabled my daughter to gain confidence in her abilities. The school always gives special consideration and motivates her towards her sporting activities. Teachers here are invested in the growth and achievements of students. They guide students with the utmost care. Whenever there has been any issue, the school has raised it in a respectful manner and has always been very approachable.

We are very happy and grateful for the Orbis school's environment of kindness, responsibility, and leadership!

Ms Vandana Gadekar, Parent of Ananya Gadekar, 9 Rigel

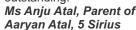






Appreciation for Orbitheatrum

Everything so well organised, performances kept us awestruck, each one was just outstanding.





It was such a phenomenal performance by every group, anchors, musicians and teachers that we are awestruck by the many



moments we experienced. My sincere thanks to all the teachers for pulling this show brilliantly. Ms Aruna Dhara, Parent of Annika Dahara, 5 Deneb

Many Congratulations to 'Team Orbis' for making a successful and impactful event of the Annual Day Function. We feel honoured to have been a part of this event. Tremendous efforts from the students and all the teachers, staff members and coordinators. We have always waited eagerly to watch not only our child, but all other children perform in the Annual Day function, they always make our day with their smiling faces and cute performances. The finale was grand, epic, joyous and memorable. All the performances culminating into one large band of talent was a brilliant experience.

We really want to appreciate you and all the teachers / staff of the school for bringing out the best of our children. Your hard work and patiencewere visible in their performance. The entire programme was designed in such a spectacular manner. The script, narration and choreography were all excellent. It had such well-connected threads of learning, moral values and social message which made it absolutely special. You are doing a wonderful job of inculcating the students with indispensable knowledge and preparing them with the skills to stand out in life. We would also like to mention Ms. Farheen ma'am and the hard work put in by her.

Mr Ashish Ambekar, Parent of Aadi Ambekar, 5 Rigel

Sustainable Plant Based Recipes for Blue Zones

Southwestern Lettuce Wraps

This amazing recipe bursts with flavours yet is simple and easy to make.

Ingredients:

- 1 ½ tablespoon of butter
- ½ a red bell pepper(diced)
- 1 onion
- 3 garlic cloves

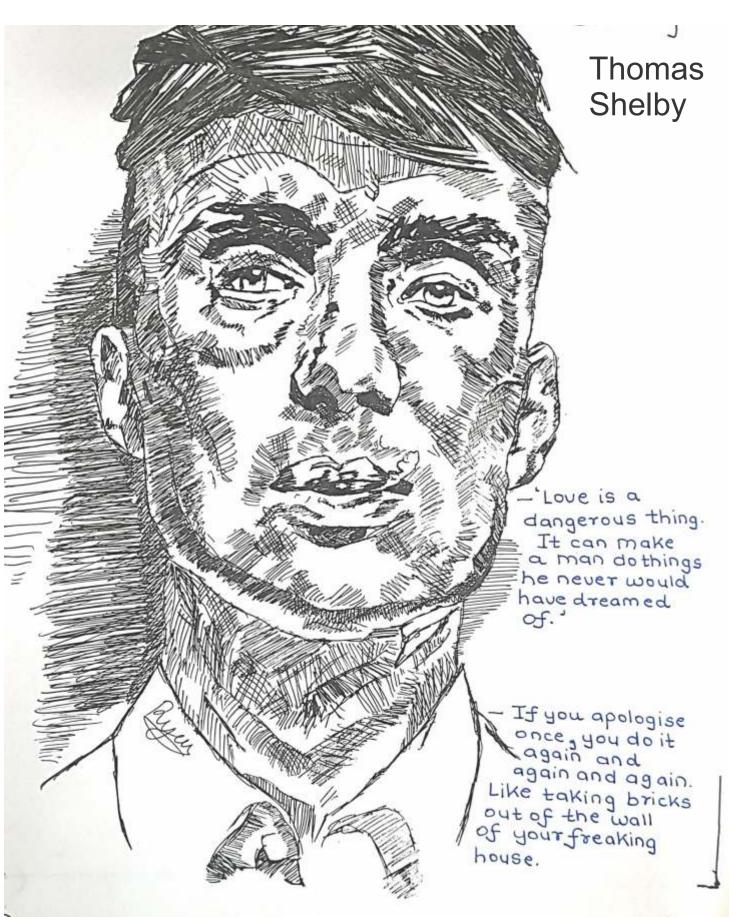
- ½ cup corn
- 1 tablespoon lemon juice
- Coriander
- Salt to taste
- Beans
- Avocado
- Lettuce or Cabbage
- Hot sauce (Optional)

Method:

In a large pan over medium-high heat, heat the butter. Once heated, add in the bell pepper and red onion and sauté for 1 to 2 minutes, or until the veggies become tender. Add in the garlic and corn and sauté for about 5 minutes, stirring occasionally. Stir in the lemon juice (start with ½ of the lemon and add more at the end if you'd like it a little more sour), chili powder, coriander, salt, and beans. Allow to cool for 5 minutes and then serve over large leaves with avocado slices and hot sauce, if using. Enjoy the yummy wrap with a glass of chilled lemon juice!! Bon Appetit!







Divyanshu Kadam, 10 Rigel





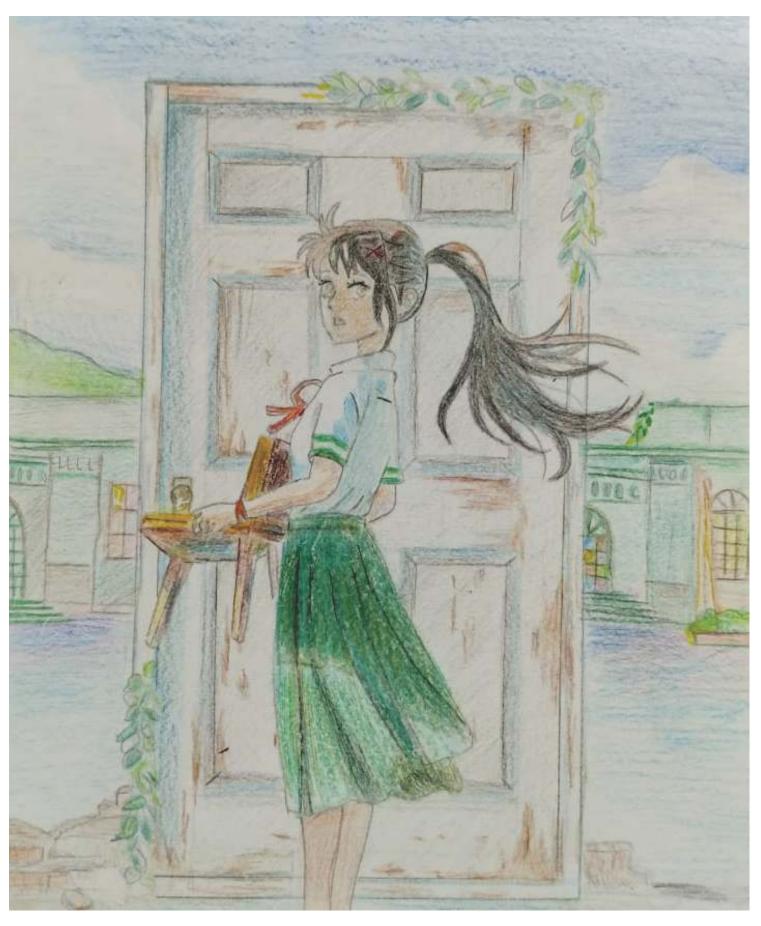


Rudransh Gupta Class 8 Vega

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Saanvi Stuti Class 5 Sirius

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Anshita Gatey 7 Deneb

Avani Shelar 3 Sirius



- 1. Who is known as the 'Golden Boy of Indian Athletics'?
- 2. When was the Asian Games first held?
- 3. How many medals did India win at the Asian games?
- 4. What is the mascot of the 12th ICC Cricket World Cup?
- 5. Which country has won the ICC World Cup for a record five times?

From the Editorial Team:

Video Editing Tips

Video editing is a useful skill to have as it can't just help in making good videos and transition it can also help in making a smoother looking video with a better cc (colour correction). Video editing does not need a complicated type of software example - Adobe After Effects, Davinci, etc. You can use basic software like CapCut as it provides a simple user interface and that it is available for desktop and mobile devices. Video editing also can help in audio transitions for a smoother blend.

Formatting and Resolutions

There are many formats like MP4, AVI and MOV but the most common one is MP4. Resolutions like 1080p and 4k are essential for a clear and brighter video. Ensure that your video editing software supports the format you're working with and that your project settings match your source footage.

Organising Footage

Create Folders to help in sorting out footage. Examples for folder names can be "video" and "for video". Separating main footage and clips can help in not getting confused and frustrated.

Mastering the Timeline

The timeline is where the magic happens. Familiarise yourself with its functions, such as cutting, trimming, and adding transitions. Learning keyboard shortcuts for these actions can significantly speed up your workflow.

Transitions and Effects

Transitions can add a professional touch to your videos. Common types include cuts, fades, wipes, and dissolves. Use them judiciously to maintain a smooth narrative flow.

Colour Correction and Grading

Correcting and grading the colours in your video can transform the mood and visual appeal. Learn to adjust brightness, contrast, saturation, and colour balance to achieve the desired look.

Keep Learning

Video editing is a continuous process of learning. You need to stay up to date and try new things all the time as there is an infinite number of ways to edit videos.

Aabid Khan, Student 8 Vega

Orbis 1 Chief Editor - Anjali Srivastava, Co- Editors - Pushpa Bhat, Neeta Rawat, Ishita Bagchi, Members of the Editorial Club

Thought for the month

The best way to find yourself is to lose yourself in the service of others - Mahatma Gandhi



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The Orbis Schools are Orbis Education Society initiatives, and are Religious Minority institutions, managed by Educonnect Management Pvt. Ltd.