



Celebrate Learning  
CBSE  
Mundhwa, Pune

Vol. 10.2 June-July 2023



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## From the Principal's Desk

Often, we are surrounded by challenges and adversities in life. The one who effectively deals with these situations with determination and emotional intelligence maintains a resilient mindset. To foster a constructive approach, optimism is a must.

If you have faith in yourself, that itself is enough. We know our strengths, and if we start leveraging those our confidence starts building. Along with focusing on our strengths we must work on our areas of improvement. The more we introspect, practice and learn from our experiences, the stronger we grow as an individual. Engaging ourselves in constructive discussions with mentors, peers and elders always helps us to work on our weaknesses. Learning should be a continuous process; one must not hesitate to learn from others and enhance the skill sets.

These newly acquired skills will help us to overcome our shortcomings and will surely bring in changes. While it may seem like a daunting task, these changes are often initiated by some very small steps. No matter how small the action may seem, just remember every positive effort counts. So keep working, keep trying and deal with all situations with a positive attitude!

Gunjan Srivastava

## Big News!

Our heartiest congratulations to Mrs Gunjan Srivastava, Director Principal of Orbis Schools on being appointed as Deputy District Training Coordinator (DDTC) of Pune District by the Centre of Excellence, Pune (CoE). Maamwill supportCoE Pune in all academic and training activities that will be conducted in the district for further improvement in the quality of education and achieve the goal of National Education Policy, 2020. Indeed, a proud moment for The Orbis Schools!

## Flavours from our orchard

### Sense Organs (13th - 16th June)

"The senses are the organs by which man places himself in connection with exterior objects."- Jean Anthelme Brillat-Savarin. Five senses work together to help to sense things around us. The sense to hear, touch, see, taste and smell are the primary means we use to gain new knowledge. The students explored and enjoyed the world around them by playing the sensory game 'I spy with my little eye'. Different sensory tables were set up which included various objects for students to feel, touch, smell and hear enabling them to use their senses. Students participated enthusiastically in this fun filled activity. Students also discovered that for one object more than one sense organs can be used to describe it.

**Aarti Shrimankar CT, Nursery Apple**



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## Well Being- Personal Hygiene (19th - 23rd June)

According to the World Health Organization, hygiene refers to conditions and practices that help to maintain health and prevent the spread of diseases. Maintaining a healthy lifestyle keeps us away from diseases and disorders. Hygiene activities can be grouped into everyday hygiene, personal hygiene, medical hygiene, sleep hygiene and food hygiene. Each concept was explained to the students through an array of activities. The concepts were learned through show and tell, illustrations, performing role play and quizzes. Students were informed that those who observe proper hygienic practices are more likely to stay free from illnesses caused due to bacteria and viruses and maintain a healthy body.

**Sneha Kank CT, Junior Kindergarten Orange**



## My Family and Extended Family (3rd - 7th July)

Families boost our confidence and make us feel loved. They are the pillars of our strength. We learn the values of love, respect, faith, hope, care, cultures, ethics, traditions and everything through our families. To our tiny tots, their family means their whole world, so they got an opportunity to talk about the most important people in their lives through role plays. Rhymes and songs related created self-awareness. The students drew pictures of family members and made houses with ice cream sticks. They understood the importance of family and the strong bond they share with each other.

**Taheseen Shaikh CT, Junior Kindergarten Apple**

## Let us keep clean (26th - 30th June)

In the early years of a child's educational journey, instilling positive habits and values is crucial. By inculcating habits such as handwashing, brushing teeth and bathing regularly develop a sense of responsibility towards their well-being. These habits help prevent the spread of germs and reduce the risk of illness. Along with personal hygiene, teachers gave an insight into creating a clean and pollution-free environment. This important information was given through storytelling and experiments to make an impact on the children.

**Shamim Salim CT, Senior Kindergarten Orange**



## Community Helpers (10th - 21st July)

Our tiny tots are naturally intrigued by vehicles, tools and uniforms. Learning about various community helpers enabled them to understand how each of them make the community a safe and better place to live. Various fun activities, teachers' talks were conducted based on the theme. Role of community helpers was reinforced through a show and tell activity where our little Orbians used colourful props and spoke about their favourite community helpers. Students were meaningfully engaged in a restaurant-themed dramatic play. These activities allowed children to grasp the significance of everyone's contribution to the community,

**Amrita Choudhury CT, Senior Kindergarten Apple**



## Seasons - Monsoon and Autumn (24th - 28th July)

The showers of rain to the changing of the colours of leaves to the delicious smell and tastes of the season, brings the Earth alive. Our little Orbians were provided with vital information about different seasons with hands-on activities. They also expressed their happiness and delight through rhymes, rain drop activity, colour dabbing on objects, paper plate umbrellas. Students were able to identify the fruits and vegetables available during the season of Monsoon and Autumn.

**Mona Hiwale CT, Senior Kindergarten Peach**



## I Know More, I Grow More

### Group of Twenty (G 20) Activities (15th-16th June)

G20 Logo conveys the soul and indigenous wisdom of India. India has always given importance to every culture and accepted it willingly. A wide variety of activities were conducted in the school to know more about the G20 forum. Students were apprised about some of the important agendas of G20, climate change, sustainable development, agriculture, and environment. A video was shown on 'India takes up the presidency' to get an insight into how developed and developing economies will mutually benefit from each other. Rangoli making, general awareness quiz and documentary on sustainability were some of the activities that were carried out to understand the Group of Twenty.

**Vaishali Desai, CT 7 Deneb**



### Visit with a Mission to Zilla Parishad Primary School (23rd June)

The members of Interact club visited Zilla Parishad Primary School, Keshavnagar to contribute to society and mingle with other students in the community. The session started with the prayer, followed by a pictorial game, a storytelling session. The students enjoyed playing the game "Pin the Donkey". Handmade goodie paper bags brought joy and happiness on their faces. The students were content to interact and share their knowledge with the little enthusiasts from ZP.

**Neha Sinha, CT 6 Sirius**

### Interesting Trivia:

- Holes in pen lids can save your life- The pen caps have holes to prevent suffocation if swallowed.
- There are several names for the cardboard sleeve that covers the coffee cup. Other names for the coffee sleeve include coffee clutch, coffee cosy, java jacket, and paper zarf.
- Barcode scanners read the white space between the black lines rather than the black lines themselves.
- Salt was once used as currency, where the English term "salary" comes from.
- Salt was so valuable to the ancient Romans that it was used as currency. Soldiers were paid in salt, which was also used for trading.
- Wearing headphones for an hour multiplies the bacteria in your ear by 700.



## International Yoga Day celebration (21st June)

Yoga is the journey of the self, to the self, through the self. This year, the theme for International Yoga Day was 'Yoga for Vasudhaiva Kutumbakam,' or Yoga for the welfare of All as One World-One Family'. The Orbians celebrated the International Day of Yoga with great enthusiasm. A special assembly conducted to create awareness about the benefits of yoga, followed by mass yoga sessions under the able guidance of Yoga experts. The instructors spread the energy to everyone as they performed asanas. Yoga not only keeps the body healthy but also keeps the mind positive.

**Raji Nitish, CT 8 Sirius**



## Creative Design Competition(22nd June)

The third and fourth graders took part in the Inter-house creative design competition. The theme for the competition was Networking and Broadcasting. The young students showcased their creative skills through mediums of crayons, coloured pencils, and water colours. These competitions enhance the competitive spirit and artistic abilities amongst the participants. It was a great joy to watch students doodle on the value and applications of networking and broadcasting. (For results, refer to 'I Did It').

**Sweta B, CT 3 Sirius**



## Emotional Management and its Effect in Choosing Career Paths (23rd June and 28th June)

Choosing the right career is one of the most important decisions we can make in our lives as it can shape our future, impact our overall wellbeing and determine our sense of fulfilment. Ms Jiyaa Khatri, a certified career counsellor and psychologist with over 10 years of experience, enlightened us with her knowledge. She emphasised on emotional management and the role personality plays to choose a career. The session did not only focus on identifying career options, but also strengthened our self-awareness, and our personal growth. The session gave us an insight to unlock our full potential and get on to the right path.

**Samhita Kulkarni, Student 10 Sirius**

## Workshop on Menstrual Hygiene (26th June)

Menstrual hygiene is crucial for the health, dignity, and well-being of girls and women. Dr Shipra Kunwaran, obstetrician and gynaecologist of the Manipal Hospital conducted the session for the girls. She highlighted hygiene practices can reduce the risk of infections and other health complications. Information about product options were also given to the participants. The resource person addressed the queries and myths related to the topic. The session was educational and informative.

**Lydia Fernandes, Counsellor**



## Career Counselling Session(30th June)

The hospitality sector is a dynamic one that naturally affects local communities while also having a global impact. Mr. Rupinder Khurana, Director of the International Institute of Hotel Management (IIHM), Pune shared a lot of information to guide our Orbians about the broad scope of choosing a career in the field of hospitality such as food and beverage service industry, travel and tourism, technology sectors within the hospitality industry and also discussed ways to reach there. The resource person so enlightened their minds by sharing some anecdotes from his experience of meeting celebrity Chef Sanjeev Kapoor. This powerful session shed light on a career path that we were probably unaware of but definitely has become a strong contender for prospective career options.

**Tarun Desai, Student 11 Deneb**



## Inter- House Group Song Competition (30th June)

'Music is the piece of art that goes in the ears straight to the heart.' Michel Vanden Broeck. Music contests are a means of discovering talents and promoting musical abilities. It helps students expand their minds and increase their self-confidence. To bring out the singing talent of the students, an Inter- house Group Song Competition was conducted. The competitors were judged on their melody, rhythm, synchronisation and overall presentation. The participants sang their songs passionately. The audience thoroughly enjoyed the melodious renditions of all four houses. (For results, refer 'I Did It').

**Harvinder Kaur, CT 7 Vega**

## Inter- house Solo Dance Competition (5th July)

Establishing tranquillity is the result of a coordinated body and mind. Dance styles aid in accomplishing this tranquillity. The Solo Dance Competition gave students of classes 1 to 5 a chance to let go of their inhibitions and tune their bodies to the beat of the songs chosen by them. The spectators cheered the performance with enthusiasm. The participants demonstrated their dance skills and different styles like contemporary, folk and freestyle, which were accompanied by proper gestures and efficient choreography. (For results, refer 'I Did It').

**Kiran Kumar, CT 5 Deneb**



## Virtual Field Trips (7th July)

The students of Senior Secondary enjoyed the virtual field trips and immersed themselves in the flora and fauna of Sikkim, our pairing state. They experienced the snow-capped mountain scenes, culture and basked themselves in the glory of all its freshness within the walls of their own classrooms comfortably. Upper primary learners were spellbound and captivated as they watched Bahamian coral reefs, and the incredible fauna of the Amazon rainforest. Students of Middle School were teleported to explore the moon to learn more about lunar craters and how spaceships land on the moon. They were highly impressed to see the aerospace innovations and to know how mechatronics used to assemble Boeings. They also decided to visit one of Asia's best zoos, 'The Mysuru Zoo'. They saw a diverse collection of animals and reptiles and how they are cared for in the zoo. They learned how animal waste is used to make vermi-compost. These virtual field trips catered to fulfil the curiosity of the students and entertained them too.

**Krishna Nohwal, Student 12 Vega**



## Movie Week (3rd-7th July)

Movie week, a much-awaited week by the students, not only provided entertainment but helped to learn beyond their text, shed some light on social issues, educated and inspired them. The kids of classes 3 to 5 stepped into the world of fantasy and sailed high on the clouds of imagination as they watched value-based movies like 'Aladdin and the Magic lamp', 'Dino Time' and 'Heidi'. Class 6 watched 'Inside Out' where a girl faces her wild emotions after she is uprooted from her peaceful life. Class 7 watched 'Black Beauty', which imparted the value, good humans are kind to all of God's creatures. Class 8th watched 'Will' which portrays two main eleven-year-old fictional characters and the trials and tribulations in their lives. Classes 9 to 12 watched 'The Founder' which is based on a true story of a man named Ray Kroc Michael Keaton playing a small-time businessman with a big-time dream, unrolling the main message "Nothing in this world can take the place of persistence. These movies made them aware of what's happening in their surroundings and also to spend some quality time with their friends.

**Neha Sinha, CT 6 Sirius**



## Installation Ceremony Interact Club (4th July)

The service above self clearly defines the soul and spirit of Rotarians across the world. The installation ceremony of the Interact Club was conducted in association with Poona Airport. The chief guest, Mr. Sanjay Saxena, President of Rotary Club installed the board of directors 2023-24 in an impressive ceremony. The interactors took pledge of selfless service and commitment. The ceremony was attended by the Board of Directors of the Rotary Club. The bright faces committed voices of newly elected members truly shows the promising year ahead.

**Rithvik B, Class 9 Vega, Director, Interact club**

## Awareness Drive (7th July)

The interactors along with the student's safety club took part in an awareness drive. This initiative was to make people aware of the importance of wearing a helmet and not to create traffic jams outside the school gate. We prepared attractive posters to make the drive effective. We requested the parents to wear a helmet even if they drove a short distance on their two-wheelers to prevent any mishap. We also insisted that the pillion rider also wear helmets. We also sensitised parents to park their vehicles properly so that it doesn't cause inconvenience to others and cause traffic jams in front of the school.

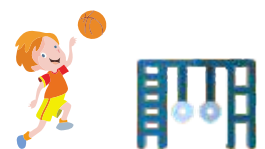
**Dhyaana Patel, 8 Deneb**



## Periodic Test 1 (21st July)

Examination is a test of a student's capacity, knowledge, and ability. It proves what standard of learning a student has acquired during a specific period of time in a specific syllabus. We all enjoyed studying for our periodic tests as it helped us test our own memory along with writing speed. We all realised that examination is not just a tool to evaluate our academic success, but it also helps develop important skills that can benefit beyond our classrooms.

**Santosh Pokhriyal, CT 8 Deneb**



## Mock Fire and Evacuation Drill (21st July)

The school participated in a mock fire and evacuation drill to educate the students and analyse how well the response team is organised in case of such an emergency. Shortly after the students were alerted by the fire alarm, the evacuation operation started. Students and staff assembled at an assembly point. A demonstration on the working of a fire extinguisher and how to use one to put out a fire was also explained by the expert. The mock drill was conducted to prepare us for any crisis.

**Naina J, CT 5 Vega**



## DEAR Hour (26th July)

Reading is an exercise to the mind which helps the children to develop their imagination and thinking skills. Drop Everything And Read, known as the DEAR hour, was conducted in school to celebrate reading, to remind every individual to include it as an important activity in their daily lives. During this time, the school tried to accommodate a variety of students' interest and ability levels, since each student had books of their choice.

**Rajlaxmi Rajmore CT, 2 Rigel**

## Club of the month



### Quiz Club

Quizzes are not only a fun exercise for students but also an interesting way of learning. We commenced with discussions on current affairs and static general knowledge. The following topics will be introduced in the 'Quiz Club' this year: Monuments of India, Indian-Art and Culture, Books and Authors, Sports, Science, and Nature, Interesting Facts, Birds and Animals, Countries and their Capitals, Basic Maths, Indian States and Geography, Wonders of the World, Nutrition and Health and many more. Quiz sessions are organised to prepare students for competitions and boost their confidence level. Students are eager to learn and to share their knowledge in every session.

**Harvinder Kaur, CT 7 Vega**



### Art and Craft Club

The Art and Craft Club is described by the qualities of talent, creativity, productivity, and fulfilment. Using simple, everyday materials, the club members explored innovative artwork. This club's goals are to support and encourage art enthusiasts, spread the word about famous artists, and participate in activities offered by the school for special occasions. The club encourages artistic expression, introducing students to new crafts, and uniting like-minded individuals. The children of classes 1 to 5 enjoyed learning how to trace hand drawings to create lovely images of giraffes, make Father's Day greeting cards, and make flower bookmarks. This year we introduced and gave exposure to 'Pottery' for the students 6 to 8. The students tried their hands making diyas and pots. It was a pleasure to watch students admire their creations.

**Manisha Tribhuvan, CT 4 Rigel**

## Music - Instrumental Club

"Music gives a soul to the universe and wings to the mind, flight to the imagination and life to everything." The instrumental music club began to encourage musical talent among the students and to promote engrossing oneself in music, self-expression, participation, and performance in inter-school competitions. This club helps them to express themselves and it works as a stress buster. They will learn finger exercises, the theory of rhythm, rhythm notation and chords. Their eagerness to learn the instruments and songs is noteworthy. They have thoroughly enjoyed learning songs namely, 'Ode to Joy', 'Rain Don't go away' and will learn many more. We all look forward to the orchestra which is played at the end of the club every week.

**Priyanka Bembade, ST Vocal**



## CCA Display - Art and Craft (25th July)

Students of class 1 and 2 displayed their art and craft creations learnt in the last quarter. They made Jelly Fish craft, ice cream stick activities, friendship bands, palm duck, paper rainbow, cotton swans, mushrooms and many more. The Art and Craft club display gave students an opportunity to try their hands on colouring, making miniatures, origami to enhance their motor skills. These activities encourage and motivate students to develop their creative skills, imagination and visual learning. There is a sense of achievement when a child makes things independently and sees ideas take shape. Children learn various methods of decorating their homes with handmade wall hangings.

**Dimple Jagwani, CT, 1 Vega**

## Special Assemblies

### UN Yoga Day (23rd June)

Yoga is an invaluable gift of India's ancient tradition to the world. A special assembly to implant the thought; yoga helps in controlling a person's mind, body, and soul. Simple asan, Sukhasana, Tadasana, and Savasana can bring together physical and mental disciplines to achieve a peaceful body and mind. One can easily combat stress and anxiety and relax by performing these easy and simple asanas. The Book review of 'Mind Your Mind' enthused everyone to read the book which explains how to transform oneself and live a fulfilling and contented life in this modern world. This assembly motivated the students to make yoga a daily routine for a fit and healthy mind, body and soul.

**Nityan Joshi, Student 7 Deneb**



### Campaign and Elections for Office Bearers (28th June 6th July)

Serving in a leadership role is not just about holding a title, but about making a positive difference in the lives of those we represent. It is a responsibility that Orbians are ready and eager to undertake. With a vision for this position to foster a sense of unity and collaboration within our school, students of classes 11 and 12 contested for the post of school captain and school vice-captain respectively. The nominees were well prepared and campaigned with conviction with impressive symbols and manifestos. The students of Classes 6-12 and staff exercised their franchise and voted online to elect their leaders democratically for the academic year 2023-24.

**Chaitanya Tewari, Student 11 Vega**





## POCSO Act (5th July)

In today's day and age, it is very important for all the children to not only be aware of various forms of abuse but also about the provisions in our Indian law for our safety. During the special assembly conducted by class 6 Vega the POCSO act of 2012 was explained to the students. They were educated on being alert and not to feel uncomfortable to report any kind of abuse to their parents or any elders whom they trust. The students were encouraged to confidently report such matters and not be scared of anyone as they are not at fault and such people need to be punished. We felt enriched and empowered with the information.

**Myra Shrivastava, Student 6 Vega**



## Our Green Ways

Water is a very important resource in our life. The Mula-Mutha River, which originates in the Western Ghats, flows in tandem with the Mutha River towards the Bay of Bengal after merging in Pune at the Sangam Bridge. These rivers, once considered the lifeline of Pune, now reeks of pollution and degradation within the city limits. Nature Club carried out research on the past and present state of the river which instilled an urgency of saving the same from pollution. The members of the Nature club also took the responsibility of raising awareness for tiger conservation on the Global Tiger Day, often called International Tiger Day, which is held annually on 29 July. The student members of the nature club educated the students about tiger conservation and bemused them by telling them the facts about tigers. The students were excited to take the quiz which was a part of the awareness program.

Nature club students decided to choose mangrove forest as a part of their research activity and project. Mangroves straddle the connection between land and sea and nature and humans. Their forests nurture our estuaries and fuel our nature-based economies. Student members understood the importance, ecosystem, and necessity to protect the Mangroves during the research.

**Mahak Verma, Student 8 Sirius**



## I did it

### Hewlett Packard Enterprise Code Wars Hackathon

The Orbis School is thrilled to announce Arsh Shrestha of class 8 Sirius secured the 100 positions out of 14000 students nationwide in the highly competitive Hewlett Packard Enterprise Code Wars Hackathon, which was held in partnership with Codingal. This competition helped him to showcase his coding skills and innovative thinking.



### Leo's L'IL Speech masters

Participating in Leo's L'IL Speech masters Season -8, Aarohi Jadhav of 5 Deneb earned the second Runner Up spot. The day-long workshop was held on June 11 at the MIT Campus in Loni and was sponsored by the Gavel Club of Amanora. Congratulations on a job well done! We are all happy for you. Light forth and upward.



## SIP Abacus Regional Prodigy Competition 2023

The Orbis family is proud to announce that Arsh Shrestha of class 8 Sirius got the Star Award (3rd position) out of 900 students in the SIP Abacus Regional Prodigy Competition 2023 which was held in Pune on 25th June, 2023. This grand event took place at the prestigious Shree Shiv Chhatrapati Sports Complex in Balewadi. Arsh not just participated in the problem-solving challenge but also in a Concentration Round where he tackled 100 sums in 3 minutes while being surrounded by lively music. This round demonstrated his computing skills, memory, and concentration abilities. Kudos to you Arsh.



## Logiquids Winners

Many congratulations to the young competitors who competed in Logiquids and won gold medals and international rankings for the year 2022-23.

Student's Name	Class	International Rank
Mahir Chheda	1	8
Darsh Pande	1	9
Shlok Sagar Raut	1	7
Shravani Nilambari Vishnu	2	7
Nirved Sagar Yerpude	2	9
Aaraddhya Anshu Singh	2	10
Manan Mayur Gupta	6	10



Inter House Results:

Event/Participating Classes	Interhouse Creative Design-Drawing Competition 3-4	Inter House Group Song Competition 6-8	Inter House Solo Dance Competition 3-5	Inter House Solo Dance Competition 1-2
EXPLORERS	3	3	3	3
GUARDIANS	1	1	1	4
INNOVATORS	4	3	2	2
VANGUARDS	2	2	4	1

## Impressions and Expressions

### Secrets of the Sea

Roaring crystal waters shines,  
Like silver to reflect summer's glow.  
Birds and bees in unison sing,  
The joyful hum of nature's song.  
Waves come crashing to grey sullen shores,  
Powerful and strong it breathes and roars.  
I listen again to the whispering waves.  
The sea has its silent caves deep, quiet and alone.  
Though there may be fury only the waves.  
Beneath then there is none.  
The evening has come down upon the shore.  
In the fading light the seabirds come,  
Flying to their nest.



**Sarah Sony, Student 6 Sirius**

### Examination

During examination,  
Life is full of exertion,  
If you want some relaxation,  
Try meditation.  
Study with full concentration,  
From books full of information,  
And extensive explanation,  
This knowledge will lead to innovation,  
Which will result in modernisation.  
When through with examination,  
Go for celebration,  
After results students get recognition,  
This is a source of motivation.



**Ananya Misra, Student 9 Vega**

### Life is in the Green

Once upon a time, in a large metropolis lived a little girl named Myra. She loved playing outdoors, but there were only buildings and concrete everywhere. One day she decided to sow a tiny seed in a pot. She watered it everyday and watched it grow into a beautiful green plant. She was delighted to find something so vibrant right in the centre of the metropolis. So, she decided to ask all her friends to join her in planting seeds and watching them grow. In little time at all, the city was teeming with vegetation and vitality, and everyone was feeling happier and healthier.



**Ojasvi Prakash Dayarmani, Student 4 Deneb**



### Is it enough?

There once was a young boy,  
who wondered and questioned, "Is it enough?"  
What he saw that day were some privileges we took for granted,  
Something we thought so common and ample for us,  
He saw the broad stream of water running,  
Through the tap thinning every passing day,  
He read those headlines always occupying a corner of every newspaper,  
Trying to seek some attention,  
To the rapidly depleting resources.  
He watched his father come home complaining about rising fuel prices all day.  
He grew up learning, the sky is blue, and had to grow up witnessing it mildly turn grey,  
Why is the climate consistently inconsistent? He pondered.  
He bathed in tools made of plastic everyday,  
Even consuming a chunk, all without knowing.  
"Is it enough for them, father?"  
Questioned the little boy again.  
Will my kids get to see what I see today?

Will they ever enjoy a beach day without an ocean full of plastic?  
Would the climate conditions turn even more drastic?  
Would they look out of the window to the pleasant scent before the first rain,  
Or to the addictive redolence of gasoline, or none?  
Would they grow up learning the sky is grey,  
Or would they miss out on the green of the earth?  
Will they go hungry and poor if we don't save enough for them?  
He reckons what happens lies in our claws,  
They say, we don't hold the future,  
But if we don't, who does?  
Let's be generous enough to save some and share some.  
For us and for them.



**Vedashree Bhanage, Student 11 Vega**

### Adrift

The raging sea was his past.  
Crossing the stubborn sea was no easy feat.  
Now his mind feels as uneasy as his body,  
Yet he still stands there unwavering.  
The flags of the buoy, holding on somehow,  
Wonder why the wrath of the ocean doesn't affect him.  
The wounds caused by the ocean are as deep as the ocean itself.  
He has been in this war for so long that he doesn't remember where it started from.  
He hopes for an end but doesn't know when it will appear.  
He does see a speck of land near the horizon, but he is unsure of its existence.  
He doesn't know what is real anymore, maybe the sea is in his head.  
Maybe the wounds were caused by him, maybe he was at war with himself.  
The only way to find out was to keep moving towards the island.  
The raging sea was his past, but he wouldn't let it be his future.



**Ayrisa Bindu Shafeeq, Student 11 Deneb**

## Have fun learning French!

Apprendre des langues étrangères Have fun learning French - Learning Foreign Language

Dans le monde de plus en plus interdépendant d'aujourd'hui, parler une deuxième langue est une compétence essentielle qui vous donne la capacité de communiquer et de vous connecter avec des personnes du monde entier de manière plus rapide et plus significative.

In today's increasingly interdependent world, speaking a second language is an essential skill that gives you the ability to communicate and connect with people from all over the world in a quicker and more meaningful way.

Les connexions sont maintenant plus importantes que jamais, compte tenu de la mondialisation continue de l'économie mondiale, et connaître une langue étrangère vous donnera toujours un avantage significatif.

Connections are now more important than ever, given the continued globalisation of the global economy, and knowing a foreign language will always give you a significant advantage.



## Personality of the month

Sara Seager

Sara Seager is a Canadian-American astronomer and planetary scientist. She is a professor at the Massachusetts Institute of Technology and is known for her work on extrasolar planets and their atmospheres. She is the author of two textbooks on these topics, and has been recognized for her research by Popular Science, Discover Magazine, Nature and TIME Magazine. Seager was awarded a MacArthur Fellowship in 2013 citing her theoretical work on detecting chemical signatures on exoplanet atmospheres and developing low-cost space observatories to observe planetary transits.

Seager was born in Toronto, Ontario, Canada, and is Jewish. Her father, David Seager, who lost his hair when he was 19 years old, was a pioneer and one of the world's leaders in hair transplantation and the founder of the Seager Hair Transplant Center in Toronto. She earned her BSc degree in Mathematics and Physics from the University of Toronto in 1994, assisted by a NSERC University Undergraduate Student Research Award, and a PhD in astronomy from Harvard University in 1999. Her doctoral thesis developed theoretical models of atmospheres on extrasolar planets and was supervised by Dimitar Sasselov.

She held a postdoctoral research fellow position at the Institute for Advanced Study between 1999 and 2002 and a senior research staff member at the Carnegie Institution of Washington until 2006. She joined the Massachusetts Institute of Technology in January 2007 as an associate professor in both physics and planetary science, was granted tenure in July 2007 and was elevated to full professor in July 2010. She currently holds the "Class of 1941" chair.

She was elected as a Legacy Fellow of the American Astronomical Society in 2020.



## Virtue Alone Ennobles



### Perseverance

Perseverance refers to our ability to pursue a goal or a passion over a period of time and see it through even when we face any obstacles or challenges. The ability to stick to our tasks, goals and commitments is vital. It entails practice and effort and also involves our ability to learn from our shortcomings so that we can try again. Numerous studies have demonstrated that those with grit are far more likely to succeed, and these findings are visible in academic settings where grittier pupils excel academically, obtain higher levels of schooling, and compete more successfully. Perseverance is the ability to keep doing something in spite of obstacles. People who persevere show steadfastness in doing something despite how hard it is or how long it takes to reach the goal. Perseverance, sometimes called "grit" is the great leveller. You don't have to be the wealthiest, have the most friends, or be the smartest kid in the class; if you persevere, you can reach your goals.

**Lydia Fernandes, Academic Counsellor**



## Teachers' Corner



### Palki Festival: A Revered Celebration of Devotion

The Palki Festival held in Pune, is a cherished event that captures the essence of spirituality and tradition. This grand celebration revolves around Lord Vitthoba, the presiding deity of the renowned Vitthal Temple in Pandharpur. With its vibrant processions and fervent devotees, the festival showcases the deep-rooted religious customs and cultural heritage of the region.

The festival commences with traditional rituals at the Vitthal Temple, followed by the grand procession through the streets of Pune. An intricately decorated palanquin carrying the idol of Lord Vitthoba is the centrepiece of the procession. Devotees, immersed in devotion, chant hymns and sing devotional songs as they accompany the palanquin, expressing their reverence and seeking the blessings of the Lord. The festive atmosphere is enhanced by the rhythmic beats of drums, cymbals, and traditional musical instruments. The streets come alive with vibrant colours and decorations, creating a captivating sight for onlookers. Devotees from various communities and backgrounds gather in large numbers, exemplifying the unity and inclusivity that the festival promotes. The Palki Festival is a spiritual extravaganza that brings together people from all walks of life. It symbolises the deep-rooted faith and devotion of the community and showcases the rich cultural heritage of Maharashtra. With its grand processions and fervent celebrations, the festival continues to inspire and unite people in their pursuit of spirituality. It is an event that truly embodies the essence of devotion and tradition, making it an integral part of the city's cultural tapestry.

**Akshaya Abilash, CT9 Sirius**

## Parents' Prerogative

### New Parent Orientation (9th June)

An orientation was conducted for the parents of new joiners to give an overview of the curriculum, school policies, instructional methods, and extracurricular activities for the upcoming academic year at Orbis. The sessions provided parents with directions to select the best strategies to support their children's learning. The parents were in good spirits after attending the orientation programme.

**Tincy Simon, CT 5 Rigel**

### Formation of E- PTA 2023-24 (26th June)

A draw of lots was conducted to choose the members of Executive Parent Teacher Association following the guidelines of the State Government. The Chairperson Mrs Gunjan Srivastava addressed the gathering and read out the names of parent and teacher members, chosen after the draw of lots. The E-PTA for the year 2023-24 was formed in the presence of parents and teachers. This association would be an excellent approach to facilitate collaboration between parents and teachers for progress of the school in terms of school policy, curriculum, and extracurricular activities.

**Tincy Simon, CT 5 Rigel**

### Parent Teacher Meeting PTM (1st July)

"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents" Bob Beauprez.

The fundamental goal of the Parent Teacher Meetings is to establish a common forum, where teachers and parents come together to discuss student's performance and devise ways to enrich their learning experiences. We believe that each and every child is unique and different. The teachers briefed the parents about their ward's performance. Together, they identified the areas of strength and weakness of the child and sorted out strategies to boost the child's performance. The meeting, on the other hand, aided in improving communication between parents and teachers and fostering a positive relationship between the school and the community.

**Shubhangi Saxena CT, 1 Antares**



### First Executive PTA Meeting (22nd July)

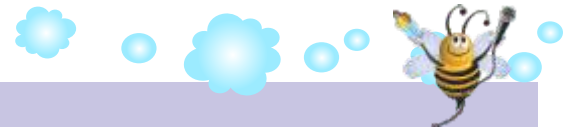
"Alone we are strong, together we are stronger." The first Executive Parent Teacher Association Meeting- EPTA was held in the school. The chairperson, Mrs Gunjan Srivastava welcomed the members. The Office bearers and the parent and teacher representatives of Classes 1-12 were introduced to the house. The chairperson initiated the meeting after the required quorum was established. Agenda for the day was discussed. The meeting concluded with a positive note.

**Rina Anthony CT, 12 Deneb**

## I can do it!

Based on your reading about the personality of the month try to answer these interesting questions:

1. Sara Seager is a citizen of which country?
2. In which stream did she pursue PhD?
3. Name the books written by Sara Seager.



### From the Editorial Team:



### Celebrating World Bicycle Day: Promoting Health and Sustainability

In a world constantly on the move, where technology reigns supreme, there is a simple and timeless solution that promotes both health and sustainability: the bicycle. World Bicycle Day, celebrated annually on June 3rd, reminds us of the numerous benefits this two-wheeled wonder brings to individuals and communities alike. Cycling not only enhances physical fitness but also reduces carbon emissions, congestion, and noise pollution. From urban streets to scenic trails, bicycles provide an accessible and eco-friendly mode of transportation. So, let's pedal our way towards a healthier future, embracing World Bicycle Day as a symbol of progress, well-being, and a greener planet.

**Rhythm Kaul, Student 8 Sirius**

Chief Editor- Sachi Yadav

Co-Editor, TOS 2- Rina Anthony, Vaishali Desai, Tincy Simon, Amreen Sabuwalla

Student Editors- Editorial Club Members

### Thought for the month

A winner is just a loser who tried one more time. - **George Augustus Moore**

